

Name: \_\_\_\_\_

Today is: Monday Tuesday Wednesday Thursday Friday

I woke up at \_\_\_:\_\_\_am

This morning I.... Brushed my teeth Showered(washed hair too)  
Made my bed Put on deodorant Brushed hair

For breakfast I ate \_\_\_\_\_  
Cereal Eggs Toast Fruit Waffles French toast Pancakes  
Yogurt Bacon Sausage Ham

\_\_\_\_\_ made breakfast  
(I) (Mom) (Dad) (Grandma) (Grandpa) (Aunt) (Uncle)

Today I \_\_\_\_\_  
Cleaned my room Did laundry Folded clothes Washed Dishes  
Helped in the kitchen Took out the garbage Took dog out Fed pet  
Set table Clear table

I worked on my school work from \_\_\_:\_\_\_\_\_ - \_\_\_:\_\_\_\_\_

For some fun today I \_\_\_\_\_  
Went on computer Played a game Talked on phone Watched TV  
Watched a movie Did a puzzle

For some exercise I \_\_\_\_\_  
Walked Followed an exercise video Did sit ups Lifted weights  
Danced

Before bed I will \_\_\_\_\_  
Shower Brush teeth Wash my face

I will go to sleep at \_\_\_:\_\_\_\_\_